



### **Gordon Head at Lambrick Park Baseball Association - Return to Play**

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**Current Status:** On May 25, 2021 Baseball BC announced as part of the BC Government Re-opening plan, sport is permitted to return to game play, with in club competition. Effective immediately, Baseball BC will move to Phase 2 Stage 2 of Return to Play Guidelines for all participants (youth and adult).

In Phase 2 Stage 2 the following activities are currently permitted;

- Team training / development (practice)
- Live batting practice
- Scrimmage and Inter-squad games
- In Club game play

The following activities are not permitted;

- Travel for competition
- Tournaments

Baseball specific guidelines in place at this time;

- Participants must maintain a physical distance of three metres from one another when not playing and active in game play.
- Spectators are not permitted per the current PHO order. (Defined as games, competitions, tournaments, training, or practice).
- Masks are required in all indoor public settings. (As defined by the current public order)
- Verbal symptom screening and attendance tracking must be performed daily.
- Stay home if you're sick.

[https://www.baseball.bc.ca/uploads/files/RTP%20Update%20Memo%20February%206%202021\(1\).pdf](https://www.baseball.bc.ca/uploads/files/RTP%20Update%20Memo%20February%206%202021(1).pdf)

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**Situation:** Baseball BC, the Provincial Sports Organization (PSO) for baseball has drafted a plan for baseball consistent with the federal and provincial health guidelines, and the provisions of the viaSport Return to Play guidelines. Gordon Head at Lambrick Park Baseball Association (GHLPPA) must have their own written Return to Play plans approved by their board of directors in compliance with all orders and guidelines from the Provincial Health Officer and must be either posted on a wall of a facility or on the organization's website.

Baseball BC emphasized the advice of the public health officials and viaSport to move ahead slowly, and systematically restart activities in a way that allows our organization and local health authorities to monitor, evaluate and adjust as needed. Given an evolving situation in a COVID persistent environment, all organizations are required to follow the guidance from all levels of government and the BC health authorities to ensure you are providing a safe environment for all participants.

Diligence and strict adherence to protocols are essential to ensure the health and safety of all players, coaches, volunteers, and spectators. Risk of exposure to COVID-19 is increased through close physical proximity or through contaminated surfaces. The closer together individuals are and the longer they are close to each other, the greater the risk. For return to play to baseball, exposure through proximity, shared equipment and spaces will be of the highest concern.

**Path Forward:** In order to reduce the risk of exposure and transmission and return to play, the following are required to be completed and approved by the GHLPPA Board prior to any return of play activities:

1. COVID-19 Safety Plan
2. Assumption of the Risk and Waiver of Liability Relating to COVID-19



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3. Participation Agreement
4. Attendance and Wellness Screening
5. Illness Policy
6. Outbreak Plan
7. First Aid Plan
8. Wilf Sadler Field COVID-19 Safety Plan (map)
9. Joe Stephenson Field COVID-19 Safety Plan (map)
10. Upper Novice Field COVID-19 Safety Plan (map)
11. Upper PeeWee Field COVID-19 Safety Plan (map)

## References

1. viaSport Return to Sport guidelines for BC  
(<https://www.viasport.ca/sites/default/files/Phase3ReturntoSportGuidelineswebV2.pdf>)
2. Baseball BC Return to Play Guidelines (<https://baseball.bc.ca/return-to-play>)
3. BCCDC Covid-19 Resources (<http://covid-19.bccdc.ca/>)
4. WorkSafeBC (<https://www.worksafebc.com/en/about-us/covid-19-updates/covid-19-returning-safe-operation/sports-recreation>)
5. Greater Victoria Baseball Association (GVBA) Return to Sport Package



## COVID-19 Safety Plan

As GHLPBA is preparing to resume play we must develop plans to reopen safely, which includes assessing the risk of COVID-19 transmission and developing measures to reduce these risks.

Purpose and Scope:

The procedures below will serve to eliminate, reduce and or control the hazards likely to be encountered by players, coaches, volunteers, and spectators when participating in baseball activities.

### 1: Assess the risks for GHLPBA

The COVID-19 virus causes infections of the nose, throat and lungs. The closer together individuals are and the longer they are close to each other, the greater the risk. The virus is most commonly transmitted by an infected person through:

- A. Respiratory droplets generated when they cough or sneeze;
- B. Close personal contact, such as touching or shaking hands; and
- C. Touching objects or surfaces with the virus on it, then touching your mouth, nose or eyes.

**Summary:** In order to limit the risk to all players, coaches, volunteers and spectators, GHLPBA has identified

- ✓ areas where people gather
- ✓ situations and processes where individuals are close to one another or members of the public
- ✓ equipment that may be shared by individuals
- ✓ surfaces that people touch often

### Actions:

- In order to ensure a safe environment for all GHLPBA members, the GHLPBA Board has established a COVID Safety Committee responsible for reviewing current health orders to ensure and make recommendations to the Board for decision as necessary, in order to keep Return to Play safety plans current.
- Team Safety will be identified to support the implementation of the below protocols at on field practices/games.

### 2: Implement Risk Reduction Protocols

GHLPBA will implement the following protocols to minimize the risk of COVID-19 transmission following information input and guidance from

- viaSport sector guidelines
- Baseball BC guidelines
- Greater Victoria Baseball Association Guidelines
- Order, guidance, and notices issued by the Provincial Health Officer
- BC Centre for Disease Control guidelines
- District of Saanich guidelines

**A.) First level of protection (elimination): Limit the number of people and ensure physical distance whenever possible.**

### **Summary:**

- ✓ GHLPBA has established maximum participant numbers, as per current Public Health Officer, ViaSport and Baseball BC requirements.
- ✓ GHLPBA has established and posted occupancy limits for common areas such as meeting rooms, change rooms, washrooms.
- ✓ GHLPBA has implemented measures to keep participants and others physically distanced, as per current Public Health Officer, ViaSport and Baseball BC requirements.



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**GHPBA Specific Measures:**

- **Establish safety area (“bubble”) around field of play that will allow no more than the maximum attendance total (players, coaches, umpires, volunteers) within defined activity areas. See maps in Appendices G, H, I, J.**
- **Spectators will not be allowed within established safety area when spectators attendance is permitted.**

**Actions:**

- **Facilities:**
  - All practices/games will be scheduled for team use of the permitted venues;
  - Spectators will not be allowed within established safety area (“bubble”) when Provincial Health Orders permit spectator attendance;
  - All concessions will remain closed unless a safety plan is developed;
  - Meeting space, player change rooms and dugouts will remain closed;
  - In the event of games, only one parent volunteer (or two if from same household) will access the score booth and operate the scoreboard – wiping all surfaces before and after.
  - Washrooms and umpire change rooms will remain closed for practices and games unless a parent volunteer is available and tasked with cleaning all surfaces once the washroom/change room is unlocked, and again when the session ends. **Use of the washrooms will be limited to players, coaches, umpires and current team volunteers only;**
  - Equipment Shed access limited to 2 parent volunteers doing field set up / take down. Parent volunteers to disinfect field tools (rakes, field lining equipment, bases) and gate latches with spray or wipes before and after use.
  - **Batting cage** -- maximum 2 people in each side of the batting cage. Only a player’s personal bat, helmet and batting gloves should be brought inside the cage. Other equipment should be left outside the cage. Coaches can bring in the team baseballs and tees. Before and after each session the pitching screen edges, latches and locks should be sanitized (wiped).
- **On Field:**
  - Where there is more than one event, staggered start times are encouraged to limit the number of people coming and going at one time;
  - Each event will be allocated sufficient time for field preparation and clean up;
  - Teams and groups are to be instructed to arrive and depart at a specific time. No player or parent shall come onto the field unless a Team Safety is present;
  - Parents/Guardians will drop their player no more than 10 minutes prior to scheduled start times as communicated by team coach (with exception of field preparation) and will remain with their player outside of the field area and proximity (in the car) until scheduled time and only send their player to the field once previous teams have fully vacated the facilities. Players will fully vacate the field before new players may arrive. Players must also respect the complications that occur by coming late and therefore make all efforts to arrive on time;
  - Parents are NOT permitted to coach or interact with their players during practices or games and will adhere to Provincial Health Guidelines with respect to social/physical distancing thus maintain safe distance from each other, coaches, and game officials at all times;
  - No post-practice or post game meetings should take place, all participants should leave the playing area promptly at the end of the practice/game or when time has expired;



- No team huddles before, during or after a game or practice for coaching or teaching purposes unless physical distancing requirements are adhered to;
- Players, coaches, volunteers, and spectators are to quickly vacate the facility after events maintaining physical distancing.
- **Executive Operations:**
  - GHLPBA Board meetings will be held in compliance of all current Provincial Health Orders.

## **B.) Second level of protection (engineering): Barriers and partitions**

### **Summary:**

- ✓ GHPLBA has installed barriers where visitors/spectators/etc. can keep physically distant from all baseball personnel including by not limited to players, coaches, officials, volunteers.

### **GHLPBA Specific Measures:**

- **No use of dugouts by players until allowed by Baseball BC. Use of Dugouts will follow current Baseball BC Guidelines**
  - **Phase 2 Stage 2:**
    - **The dugouts at the following fields will be closed (Novice, Wilf Sadler, Upper Peewee)**
    - **The dugouts at JSF will be open under Phase 2 Stage 2 with the below noted rules in place**
- **Safety area (bubble) will be established around field of play**

### **Actions:**

- At each event all players will be spaced along the foul line fences outside the field of play for games, and inside the field of play for practice in a measured and marked section for equipment, water, etc.; and
- The team safety will identify these areas spaced apart as per the current physical distancing guidelines and ensure players set up within their own designated section.
- Dugouts at JSF will be open under Phase 2 Stage 2
  - Dedicated entrance, and exit side
  - Masks to be worn when players are in the dugout not engaged in game play
  - All players to sanitize their hands when returning to the dugout from the field, each at bat, and as required.

## **C.) Third level protection (administrative): Rules and Guidelines**

### **Summary:**

- ✓ GHLPBA has identified rules and guidelines for how participants, coaches, volunteers, spectators should conduct themselves. Players and parents will be reminded prior to each event of the necessary protocols.
- ✓ GHLPBA has clearly communicated these rules and guidelines through a combination of training and signage. All rules and guidelines will be included with registration, sent to all participants and posted. Coaches will hold copies of the rules and guidelines.

### **GHLPBA Specific Measures:**

- **All government expectations and requirements to be met, including ViaSport guidelines;**
- **All Baseball BC Personal Health and Hygiene Recommended Guidelines to be reviewed and enforced as outlined.**
- **All Greater Victoria Baseball Association guidelines to be reviewed and enforced as outlined.**

### **Actions:**



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- **General:**

- Rules and guidelines will be included with registration, sent to all participants and posted;
- No player or coach will be allowed to participate until Declaration of Compliance: COVID-19 form (appendix A), and Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement (Youth and Adult) (appendix B) have been completed and provided;
- Verbal or on-line symptom screening must be performed within 8 hours of every session to ensure all participants are symptom free;
- Players and parents will be reminded prior to each event of the necessary protocols, including:
  - No sharing of water bottles,
  - No spitting,
  - No chewing gum,
  - No sunflower seeds
  - No contact between athletes
  - Avoid touching of eyes, nose or mouth;
- Coaches will be briefed before and during the season to ensure drills and exercises are effective at keeping appropriate physical distance, and to limit the number of players in practice groups subjected to using the same ball(s);
- Coaches will hold copies of the rules and guidelines, or know where to access them;
- Signage advising and educating on COVID-19 wellness, hygiene, and social/physical distancing measures will be posted at facilities prior to all events; and
- Periodic breaks to allow players and coaches to disinfect hands. Players and coaches will be required to have personal hand sanitizer as part of their required equipment. Players and coaches without personal hand sanitizer will not be able to participate.

- **Practices:**

- Additional best practices for conducting practice sessions will be communicated to coaches including:
  - spacing between players;
  - breaks between drills to sanitize baseballs and hands;
  - Keeping practice partners or groups as small as possible, and limit drills where close contact or excess handling of shared baseballs is required.

- **Games:**

- In the event of games are permitted, all above rules and guidelines apply;
- **Modified In-Club Play must follow the protocols laid out for game play current phase of the Baseball BC Return To Play Guidelines. In addition:**
  - Players and coaches may not approach any official to discuss or argue any call. They may ask for a count from their appropriate bench or on-field location;
  - Physical distancing must always still be maintained outside of the regular course of game play (i.e. batters or plays in the field);
  - No plate meetings pre-game for lineup exchanges unless physical distancing requirements are adhered to;
  - No mound visits by catcher or coach unless physical distancing requirements are adhered to;
  - No post game handshakes;
  - 5U-18U must assigned a Team Safety as described in Section 3 (Policies and Procedures)
  - Baseballs need to be new or disinfected every time they are entered into play. Hand sanitizing should take place at the end of every half inning;
  - Umpires must comply with physical distancing requirements and may need to use alternate positioning to comply with BC Baseball Umpires Association



guidelines and procedures;

#### **D.) Fourth level protection: Masks, Cleaning and Disinfecting Protocols**

##### **Summary:**

- ✓ Masks should be used as required as per provincial guidelines.
- ✓ GHLPPA has reviewed the information on cleaning and disinfecting surfaces.
- ✓ GHLPPA has communicated good hygiene practices to all baseball personnel.
- ✓ GHLPPA has implemented cleaning protocols for all common areas and surfaces (as applicable).
- ✓ GHLPPA volunteers who are cleaning will have adequate training and materials.
- ✓ GHLPPA has removed unnecessary tools and equipment to simplify the cleaning process.

##### **GHLPPA Specific Measures**

###### **Masks:**

**All participants (players, coaches, umpires and volunteers) are required to have a mask at all sessions and masks should be worn as necessary to comply with provincial guidelines.**

###### **Cleaning and Disinfecting Protocols:**

- **Cleaning will follow BCDC guidelines for cleaning in public settings**  
([http://www.bccdc.ca/health-info-site/documents/cleaningdisinfecting\\_publicsettings.pdf](http://www.bccdc.ca/health-info-site/documents/cleaningdisinfecting_publicsettings.pdf))
- **GHLPPA will provide necessary supplies to keep applicable areas and equipment clean. Players will be responsible for their own hand sanitizer as part of their required equipment.**
- **GHLPPA will produce and post applicable signage communicating necessary cleaning procedures.**

###### **Actions:**

- **Washrooms:**
  - Washrooms will be limited to players, coaches, umpires and current team volunteers;
  - Washrooms will remain closed for practices and games unless a parent volunteer is available and tasked with cleaning all surfaces once the washroom is unlocked, and again when session is over;
  - Parent volunteers must wear PPE (mask and glove, available in the team safety kit) and wipe down all touch surfaces with cleaning solution and paper towel or cleaning wipes before and after use:
    - Indoor and outdoor door handle
    - Light switch
    - Paper Towel dispense
    - Soap dispenser
    - Sink, taps and basin
    - Toilet flush lever and toilet seat.
- **Equipment:**
  - Aside from baseballs, there will be no sharing of equipment;
  - Each player will be required to have the following equipment
    - Baseball glove
    - Baseball helmet
    - Jock or Gill
    - Appropriate footwear
    - Baseball pants
    - Camp chair
    - Designated team shirt (provided by association)
    - Team Hat (provided by association)





- Optional - Baseball bat, although strongly encouraged to minimize equipment sharing)
- Any player who is without any of the above listed equipment (exception of a baseball bat) will not be permitted to practice/play;
- Any equipment (exception of baseball bat) will not be shared or touched by anyone other than its designated play;
- For players without a baseball bat, a bat will be loaned to them by GHPBA (subject to availability). The club equipment manager will sanitize and distribute equipment. Players and their guardians assume full responsibility for returning sanitized equipment back to the GHPBA equipment manager at the end of the season;
- Should GHPBA not have enough bats to distribute to players individuals, any team provided baseball bats must be sanitized immediately after player use and before any other player is permitted to use said bat;
- Baseballs should be sanitized prior to every event and every effort given to limit the number of athletes using one ball
  - During practice, balls will be disinfected by parent volunteer during every break.
  - During games, balls will be labelled for home and away teams. One set of balls per team when they are on defence. Balls will be disinfected using wipes between innings by parent volunteer;
- Catchers equipment may not be shared. Each team will be given sufficient sets of catchers equipment (one helmet, one glove, one pair shin guards, and one chest protector) to assign to a player. Players who get the opportunity to catch will be limited to the number of available equipment sets and will be at the discretion of the Head Coach. The opportunity to catch may not be available to all players. The catchers gear will remain in the player's possession for the season. Players and their guardians take full responsibility of cleaning and maintaining the gear until returned to the association. This catchers gear is not to be shared or used by anyone other than the designated player. Additional catchers may be added if players have their own personal catchers set;
- Coaches will ensure all shared baseball equipment (pitching machines, tees, nets, etc.) are disinfected with spray or wipes before and after use.
- Umpire equipment should not be shared. We encourage all umpires to have their own Umpire equipment (mask, chest protector, shin guards, brush, indicator). For umpires without personal equipment GHPBA may loan mask, chest protector, shin guards) subject to availability. The club equipment manager will sanitize and distribute equipment. Umpires and their guardians assume full responsibility for returning sanitized equipment back to the GHPBA equipment manager at the end of the season.
- When an umpire must use GHPBA shared umpire equipment, the team safety is responsible for sanitizing (wiping) the umpire gear after the session.

### 3: Develop Policies and Protocols

GHPBA polices ensure that all baseball personnel showing symptoms of COVID-19 are prohibited from participating in sport activities

#### Summary:

- ✓ Anyone who has had symptoms of COVID-19 in the last 14 days. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache.
- ✓ Anyone directed by Public Health to self-isolate.





- ✓ Anyone who has arrived from outside of Canada or who has had contact with a confirmed COVID-19 case must self-isolate for 14 days and monitor for symptoms.
- ✓ Our policy address individuals who may start to feel unwell while participating. It includes the following
  - Sick individuals should report to first aid (or designated individual), even with mild symptoms;
  - Sick baseball personnel should be asked to wash or sanitize their hands, provided with a mask, and isolated. Ask the individual to go straight home or contact parents/guardians to arrange if a minor. [Consult the BC COVID-19 Self Assessment Tool or call 811 for further guidance related to testing and self isolation];
  - If the sick individual becomes severely ill (e.g. difficulty breathing, chest pain). Call 911. Clean and disinfect any surfaces that the ill individual has come in contact with.

#### **GHLPBA Specific Measures**

##### **Actions:**

- Each team (5U-18U) will ensure that every event has designated parent volunteer(s) to act as “Team Safety”. One for practices, one for away games, two for home games.

NOTE: under current Baseball BC Return to Play (Stage 2 Phase 2) SIBL does not require a team safety. Head Coaches assume all team safety responsibilities. This decision will be revisited under other Stages/Phases of Return to Play, and could be a requirement when SIBL hosts a non GHLPBA team.

##### **Team Safety Position:**

- Designated parent volunteer(s) will act as “Team Safety” and must be present at all practices/games for each team.
- Team Safety must be aware of all safety protocols and will be responsible for ensuring they are followed during all practices/games
- Team Safety will work with coaches and players to ensure that safety protocols are being followed.
- Team Safety will be encouraged to wear a PPE mask. They will assist with player hand sanitizing and the sanitizing of bats and balls for reuse during practice/games
- Team Safety will ensure the names of players, coaches, umpires and volunteers in attendance are recorded and submit record of attendance at the end of each game or practice in accordance with Saanich policies.
- Team Safety will ensure participants maintain physical distancing during practices and games.

##### **Screening of players, coaches, umpires and volunteers:**

- Screening will be conducted in accordance with appendix C; and
- Illness Plan is outlined in appendix D

#### **4: Communication Plan and Training**

GHLPBA aims to ensure that everyone participating in sport activities know how to keep themselves safe while enjoying the game of baseball

##### **Summary:**

- ✓ GHLPBA will ensure everyone is trained in policies and procedures.
- ✓ All participants have received the policies for staying home when sick



- ✓ GHLPBA has posted signage at the sport location, including occupancy limits and effective hygiene practices (as required).
- ✓ GHLPBA coaches and safety volunteers have been training on monitoring participants to ensure policies and procedures are being followed.

**Actions:**

- All policies and protocols are provided to all players, coaches, and volunteers at registration and posted on the GHLPBA website
- All players and coaches are reminded and updated at each event by the Team Safety;
- All updates to the policies and protocols will be sent to all players, coaches and volunteers by email, verbally at each event, and posted on the GHLPBA website;
- Signs will be posted at each facility to include occupancy limits and effective hygiene practices as needed;
- Coaches and team safety volunteers have been trained on monitoring participants to ensure policies and procedures are being followed.

**5: Monitor and Update Policies (as necessary)**

GHLPBA recognize things may change during a practice, a game or the course of a season. If a new area of concern is identified, or it seems like something is not working, GHLPBA will take the necessary steps to update our policies and procedures.

**Summary:**

- ✓ GHLPBA has a plan in place to monitor risks, and will make change to our policies and procedures as necessary
- ✓ Individuals know who to go to with health and safety concerns.

**Actions:**

- All policies and protocols are provided to all players, coaches, and volunteers at registration and posted on the GHLPBA website;
- As the COVID-19 pandemic evolves, any amendments to this plan will be disseminated to all registered participants;
- GHLPBA has appointed a COVID-19 Committee to monitor the RTP plan and make adjustments where necessary.
- Team Safeties are to identify risks and suggest changes to policies to the GHLPBA COVID-19 Committee;
- Any health and safety concerns can be raised to the Team Safeties and to the GHLPBA COVID-19 Committee
- When resolving safety issues, designated health and safety representative will be engaged as necessary (e.g., with Saanich, Baseball BC, or Island Health).

**\*\*\*In accordance with the order of the Provincial Health Officer, this plan must be posted. \*\*\***



**Appendix A: Declaration of Compliance: COVID-19**



**DECLARATION OF COMPLIANCE – COVID-19 WARNING!**

**ALL INDIVIDUALS ENTERING THE FACILITY MUST COMPLY WITH THIS DECLARATION**

The B. C. Amateur Baseball Association o/a Baseball BC and its affiliated member Leagues, Clubs, and Associations (the “Organization”), require the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

An individual (or the individual’s parent/guardian, if the individual is younger than 19 years old) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization’s facilities or participate in the Organization’s activities, programs, or services.

I, being the individual named below, and the individual’s parent/guardian (if the individual is younger than 19 years old), (the “Individual”) hereby acknowledge and agree to the terms outlined in this document:

1. The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
2. The Individual has not been diagnosed with COVID-19. **OR** If the Individual was diagnosed with COVID-19, the Individual was cleared as noncontagious by provincial or local public health authorities.
3. The Individual has not been exposed to a person with a confirmed or suspected case of COVID-19. **OR** If the Individual was exposed to a person with a confirmed or suspected case of COVID-19, the date of exposure was more than 14 days prior to the date this Declaration of Compliance was signed.
4. The Individual is attending or participating voluntarily and understands the risks associated with COVID-19. The Individual (or the Individual’s parent/guardian, on behalf of the Individual (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.
5. The Individual has not, nor has anyone in the Individual’s household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).
6. If the Individual experiences, or if anyone in the Individual’s household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the Individual will immediately isolate, notify the Organization, and not attend any of the Organization’s facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.
7. The Individual has not, nor has any member of the Individual’s household, travelled to or had a lay-over in any country outside Canada in the past 14 days. If the Individual travels, or if anyone in the Individual’s household travels, after submitting this Declaration of Compliance, the Individual will not attend any of the Organization’s facilities, activities, programs or services until at least 14 days have passed since the date of return.



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8. The Individual undertakes to ensure compliance with all of the terms in this Declaration on an ongoing basis. If the individual is unable to agree to the terms of this Declaration after signing, the individual will notify the Organization immediately.
9. The Individual is complying with all applicable laws and public health guidance, including but not limited to practicing physical distancing, maintaining separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.
10. The Individual will follow the safety, physical distancing, and hygiene protocols of the Organization.
11. This Declaration of Compliance will remain in effect until the Organization, per the direction of the provincial government and provincial and local public health authorities, determines that the acknowledgements in this Declaration of Compliance are no longer required.
12. The Organization may remove the Individual from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the Individual is no longer in compliance with any of the standards or terms described in this document.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Individual (If 13 and over)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Guardian



**Appendix B: Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement  
(Youth and Adult)**



**INFORMED CONSENT AND ASSUMPTION OF RISK  
AGREEMENT**

(To be executed by Participants under the age of majority and signed by a  
parent or guardian)

**WARNING! By signing this document, you will waive certain rights, risks, and  
responsibilities. Please read carefully.**

**Participant's Name (Print Clearly):** \_\_\_\_\_

1. This is a binding legal agreement. Clarify any questions or concerns before signing. The undersigned are the Participant and Participant's Parent/Guardian (collectively the "Parties") and hereby acknowledge and agree to the following terms outlined in this agreement.
2. As a Participant in activities, programs, classes, services provided and events sponsored or organized by The B. C. Amateur Baseball Association o/a Baseball BC and its affiliated member Leagues, Clubs, and Associations (the "Organization"), including but not limited to: games, tournaments, practices, training, personal training, instructional sessions or lessons, conditioning programs, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the "Activities"), the undersigned acknowledges and agrees to the following terms outlined in this agreement:
3. I am the Parent/Guardian of the Participant and have full legal responsibility for the decisions of the Participant.

**Disclaimer**

4. The Organization, their respective directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, spectators, independent contractors, subcontractors, sponsors, successors and assigns, and representatives are not responsible for any injury, property damage, expense, loss of income, damage or loss of any kind suffered by a Participant during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

**Initials:** \_\_\_\_\_ **I have read and agree to be bound by paragraphs 1-4.**

**Description of Risks**

5. The Parties understand and acknowledge that:
  - The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;
  - The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of the Participant's fitness or abilities, may give incomplete warnings or instructions, may misjudge weather or environmental conditions, and the equipment being used might malfunction; and
  - The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, attending the Activities could increase your risk of contracting COVID-19.
6. The Participant is participating voluntarily in the Activities. In consideration of that participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be



exposed to such risks, dangers, and hazards. The risks, dangers and hazards include, but are not limited to:

- Health: executing strenuous and demanding physical techniques, physical exertion, overexertion, stretching, dehydration, fatigue, cardiovascular workouts, rapid movements and stops, lack of fitness or conditioning, traumatic injury, bacterial infections, rashes, and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof.
- Premises: defective, dangerous, or unsafe condition of the facilities; falls; collisions with objects, walls, equipment, or persons; dangerous, unsafe, or irregular conditions on turf/grass or other surfaces, extreme weather conditions; travel to and from premises.
- Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment properly and/or within my own ability.
- Contact: contact with any and all sporting equipment, baseballs, bats, benches, stands, poles, fences or other persons, whether intentional or unintentional, is a common part of baseball programs, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, including but not limited to closed head injury or blunt head trauma or serious spinal injury which may render the participant permanently paralyzed.
- Serious injury to virtually any and / or all bones, joints, ligaments, muscles, tendons, and other aspects of the participants body or to the participants general health and wellbeing.
- Abrasions, sprains, strains, fractures, or dislocations.
- Grass, turf, and other surfaces including bacterial infections and rashes.
- Advice: negligent advice regarding baseball programs.
- Ability: Failing to act safely within my own capability and/or within designated areas.
- Sport: the use of field/turf and its inherent risks.
- Conduct: My conduct and the conduct of other persons including any physical altercation between field participants and/or spectators.
- Travel: Travel to and from the Activities
- Negligence: My negligence and negligence of other persons, including **NEGLIGENCE ON the PART OF THE ORGANIZATION**, may increase the risk of damage, loss, personal injury, or death. I understand that the Organization may fail to safeguard or protect me from the risks, dangers, and hazards of turf/field programs, some of which are referred to above.

**Initials:** \_\_\_\_\_ **I have read and agree to be bound by paragraphs 5-6.**

### Terms

7. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:
  - That the Participant's mental and physical condition is appropriate to participate in the Activities;
  - That when the Participant practices or trains in his or her own space, the Parties are responsible for the Participant's surroundings and the location and equipment that is selected for the Participant;
  - To comply with the rules and regulations for participation in the Activities;
  - To comply with the rules of the facility or equipment;
  - To comply at all times with all applicable Government Orders, Statutes, Acts, Regulations and Guidelines, including but not limited to those pertaining to COVID-19;
  - That if the Participant observes an unusual significant hazard or risk, the Participant will remove themselves from participation and bring such to the attention of an Organization representative immediately;
  - The risks associated with the Activities are increased when the Participant is impaired and the Participant agrees not to participate if impaired in any way;





- That it is their sole responsibility to assess whether any Activities are too difficult for the Participant. By the Participant commencing an Activity, they acknowledge and accept the suitability and conditions of the Activity;
  - That they are responsible for the choice of the Participant's protective equipment and the secure fitting of the protective equipment;
  - That COVID-19 is contagious in nature and the Participant may be exposed to or infected by COVID-19 and such exposure may result in personal injury, illness, permanent disability or death and voluntarily agree to assume all of the foregoing risks.
8. In consideration of the Organization allowing the Participant to participate, the Parties agree:
- That the Parties are not relying on any oral or written statements made by the Organization or their agents, whether in brochure or advertisement or in individual conversations, to agree to be involved in the Activities; and
  - That the Organization is not responsible or liable for any damage to the Participant's vehicle, property, or equipment that may occur as a result of the Activities.

**Initials:** \_\_\_\_\_ **I have read and agree to be bound by paragraphs 7-8.**

**General**

9. The Parties agree that notwithstanding the above, in the event that they file a claim against the Organization, they agree to do so solely in the province of British Columbia, Canada and they further agree that the substantive law of British Columbia will apply in the event of conflict of law rules.
10. The Parties expressly agree that this Agreement is intended to be as inclusive as is permitted by law and that if any of its provisions are held to be invalid, the balance shall, notwithstanding, continue in full legal force and effect.

**Acknowledgement**

11. The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this Agreement is to be binding upon themselves, their heirs, their spouses, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

_____	_____	_____
Name of Participant (print)	Signature of Participant	Date of Birth

_____	_____	<b>Name of</b>
<b>Parent or Guardian (print)</b>	<b>Signature of Parent or Guardian</b>	





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Print Full Name	Signature	Date (Month/Day/Year)
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Print Full Name	Signature	Date (Month/Day/Year)
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This Agreement continues on the next page.



**RELEASE OF LIABILITY, WAIVER OF  
CLAIMS AND INDEMNITY AGREEMENT**

(To be signed by Participants of the age of majority and over)

**WARNING! By signing this document, you will waive certain legal rights. Please read carefully.**

**Participant Name (Print Clearly):**

1. This is a binding legal agreement. Clarify any questions or concerns before signing. As a Participant in activities, programs, classes, services provided and events sponsored or organized by The B. C. Amateur Baseball Association o/a Baseball BC and its affiliated member Leagues, Clubs, and Associations (the "Organization"), including but not limited to: games, tournaments, practices, training, personal training, instructional sessions or lessons, conditioning programs, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the "Activities"), the undersigned acknowledges and agrees to the following terms outlined in this agreement.

**Disclaimer**

2. The Organization, their respective directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, spectators, independent contractors, subcontractors, sponsors, successors and assigns, and representatives are not responsible for any injury, property damage, expense, loss of income, damage or loss of any kind suffered by a Participant during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

**Initial:\_\_\_\_\_ I have read and agree to be bound by paragraphs 1-2.**

**Description of Risks**

3. I understand and acknowledge that
- The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;
  - The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of my fitness or abilities, may misjudge weather or environmental conditions, may give incomplete warnings or instructions, and the equipment being used might malfunction; and
  - The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, attending the Activities could increase my risk of contracting COVID-19.
4. I am participating voluntarily in the Activities. In consideration of my participation, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the Activities which could result in damage, loss, serious physical injury, or death. The risks, dangers and hazards include, but are not limited to, injuries from:
- Health: executing strenuous and demanding physical techniques, physical exertion, overexertion, stretching, dehydration, fatigue, cardiovascular workouts, rapid movements and stops, lack of fitness or conditioning, traumatic injury, bacterial infections, rashes, and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof.
  - Premises: defective, dangerous, or unsafe condition of the facilities; falls; collisions with objects, walls, equipment, or persons; dangerous, unsafe, or irregular conditions on turf/grass or other surfaces, extreme weather conditions; travel to and from premises.
  - Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings,



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directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment properly and/or within my own ability.

- Contact: contact with any and all sporting equipment, baseballs, bats, benches, stands, poles, fences or other persons, whether intentional or unintentional, is a common part of baseball programs, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, including but not limited to closed head injury or blunt head trauma or serious spinal injury which may render the participant permanently paralyzed.
- Serious injury to virtually any and / or all bones, joints, ligaments, muscles, tendons, and other aspects of the participants body or to the participants general health and wellbeing.
- Abrasions, sprains, strains, fractures, or dislocations.
- Grass, turf, and other surfaces including bacterial infections and rashes
- Advice: negligent advice regarding baseball programs
- Ability: Failing to act safely within my own capability and/or within designated areas
- Sport: the use of field/turf and its inherent risks.
- Conduct: My conduct and the conduct of other persons including any physical altercation between field participants and/or spectators • Travel: Travel to and from the Activities
- Negligence: My negligence and negligence of other persons, including NEGLIGENCE ON the PART OF THE ORGANIZATION, may increase the risk of damage, loss, personal injury or death. I understand that the Organization may fail to safeguard or protect me from the risks, dangers, and hazards of ice and/or turf/field programs, some of which are referred to above.

**Terms**

5. In consideration of the Organization allowing me to participate in the Activities, I agree:

- That my mental and physical condition is appropriate to participate in the Activities and I assume all risks related to my mental or physical condition.
- That when I play, practice or train I am responsible for my surroundings • To comply with the rules and regulations for participation in the Activities.
- To comply with the rules of the facility or equipment.
- To comply at all times with all applicable Government Orders, Statutes, Acts, Regulations and Guidelines, including but not limited to those pertaining to COVID-19.
- That if I observe an unusual significant hazard or risk, I will remove myself from participation and bring such to the attention of the Organization representative immediately.
- The risks associated with the Activities are increased when I am impaired, and I agree not to participate if impaired in any way.
- That it is my sole responsibility to assess whether any Activities are too difficult for me. By commencing an Activity, I acknowledge and accept the suitability and conditions of the Activity.
- That I am responsible for my choice of protective equipment and the secure fitting of that equipment.
- That COVID-19 is contagious in nature and I may be exposed to or infected by COVID-19 and such exposure may result in personal injury, illness, permanent disability, or death and voluntarily agree to assume all the foregoing risks.

**Initial: \_\_\_\_\_ I have read and agree to be bound by paragraphs 3-5.**

**Release of Liability and Disclaimer**

6. In consideration of the Organization allowing me to participate in the Activities, use its equipment and facilities, I agree:

- That the sole responsibility for my safety remains with me;
- To ASSUME all risks arising out of, associated with or related to my participation;
- That I am not relying on any oral or written statements made by the Organization or its agents, whether in a brochure or advertisement or in individual conversations, to agree to be involved in the Activities;
- To WAIVE any and all claims that I may have now or in the future against the Organization;



- To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the activities, events and programs of the Organization;
- To FOREVER RELEASE AND INDEMNIFY the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the “Claims”) which I have or may have in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of warranty, breach of contract and/or breach of any statutory duty of care of the Organization;
- TO HOLD HARMLESS AND INDEMNIFY the Organization from any and all liability for any damage, loss, expense or injury to any third party resulting from my participation in the Activities.
- To FOREVER RELEASE AND INDEMNIFY the Organization relating to becoming exposed to or infected by COVID-19 which may result from the actions, omission or negligence of myself and others, including but not limited to the Organization;
- That the Organization is not responsible or liable for any damage to my vehicle, property, or equipment that may occur as a result of the Activities;
- That negligence includes failure on the part of the Organization to take reasonable steps to safeguard or protect me from the risks, dangers and hazards associated with the Activities; and
- This release, waiver and indemnity is intended to be as inclusive as is permitted by law of the Province of British Columbia and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

**Jurisdiction**

7. Notwithstanding the above, I agree that in the event that I file a claim against the Organization, I agree to do so solely in the province of British Columbia, Canada and further agree that the substantive law of British Columbia will apply in the event of conflict of law rules. I further agree that if any portion of this agreement is found to be void or unenforceable, the remaining document shall remain in full force and effect.

**Initial:\_\_\_\_\_ I have read and agree to be bound by paragraphs 6-7.**

**Acknowledgement**

8. I acknowledge that I have read and understand this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives. I further acknowledge by signing this agreement I have waived my right to commence or maintain any action against the Organization on the basis of any claims from which I have released herein.

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Signature of Participant

Date



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### Appendix C: Wellness Screening & Attendance

DATE: \_\_\_\_\_

TEAM: \_\_\_\_\_ TEAM SAFETY: \_\_\_\_\_ FIELD: \_\_\_\_\_

#### HEALTH SCREENING QUESTIONS:

- 1.) DO you have any of the following new or worsening symptoms or signs?
  - New or worsening cough, shortness of breath, sore throat, runny nose, sneezing or nasal congestion (in absence of underlying reasons for symptoms such as seasonal allergies and post nasal drip), Horse voice, Difficulty swallowing, new smell or taste disorder(s), nausea/vomiting, diarrhea, abdominal pain, unexplained fatigue/malaise, fever and/or chills, headache
- 2.) Has a doctor, health care provider, or public health unit told you that you should currently be isolating (staying at home)?
- 3.) In the last 14 days, have you been identified as a 'close contact' of someone who currently has COVID-19?
- 4.) Is anyone you live with currently experiencing any new COVID-19 symptoms and/or waiting for test results after experiencing symptoms?
- 5.) In the last 14 days, have you travelled outside of your region (as defined by your local health authority) or had close contact with anyone that has travelled outside of your region?

Wellness Screening & Attendance						
Count	Name	Wellness Check Completed (Pass/Fail)	Player	Coach	Volunteer	Parent/guardian Contact Information (Phone/Email)
1						
2						
3						
4						
5						
6						
7						



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#### **Appendix D: GHPBA Illness Policy**

This policy is applicable to all GHPBA volunteers, umpires, members, players and guardians with respect to illness and attendance or participation in any GHPBA sanctioned activity or event.

Noncompliance with the requirements of this policy could result in removal from the sanctioned activity, and in situations of gross negligence, removal from GHPBA membership and all sanctioned activities and events.

#### **DEFINED TERMS**

- **“Activity”** shall be defined as GHPBA sanctioned activities (i.e. training session, games, etc.);
- **“Facility”** shall mean any GHPBA facility used for any Activity including but not limited to clubhouses and fields;
- **“Team Member”** is defined as any volunteer, participant, or family member/guardian of any of these.

**IT IS MANDATORY FOR ALL TEAM MEMBERS TO IMMEDIATELY INFORM A GHPBA OFFICIAL, OR COACH/MANAGER IF THEY FEEL ANY SYMPTOMS OF COVID-19 SUCH AS FEVER, CHILLS, COUGH, SHORTNESS OF BREATH, SORE THROAT AND PAINFUL SWALLOWING, STUFFY OR RUNNY NOSE, LOSS OF SENSE OF SMELL, HEADACHE, MUSCLE ACHES, FATIGUE AND LOSS OF APPETITE.**

#### **SELF-ASSESSMENT REQUIREMENT**

- Team Members must review the self-assessment signage located throughout the facility / park before their participation in any Activity to confirm that they are not feeling any COVID 19 symptoms.
- Team Safety/Managers/coaches will visually monitor Team Members’ health throughout the Activity.
- If Team Members are unsure of any symptoms they may be aware of they should use the self-assessment tool [COVID Self-Assessment](#) Tool to confirm their readiness to participate in the Activity.
- If a Team Member is considered vulnerable or at risk (elderly individuals, immunosuppressed persons, individuals suffering from serious health problems, notably high blood pressure, pulmonary diseases, diabetes, obesity and asthma) the Club must be notified of this vulnerability and the Team Member is requested to seek written doctor’s approval for participation in the Activity.

#### **TEAM MEMBER REQUIREMENTS**

##### **If a Team Member is feeling sick with COVID-19 symptoms, regardless of severity (i.e., even mild symptoms)**

- They must remain at home.
- They should consider contacting Health Link BC at 8-1-1
- They will be sent home immediately and unable to return until the symptoms clear completely.
- No Team Member may participate in any Activity if they are symptomatic.

##### **If a Team Member tests positive for COVID-19**

- The Team Member will not be permitted to return to any Activity until they are completely recovered from COVID-19 and provide GHPBA with a doctor’s note confirming the same.
- The Team Member/Guardian must notify the club as soon as possible. Contact should be made to either the President or VP of Operations at GHPBA. If written correspondence (email) is used to notify the Team Member/Guardian must ensure that the correspondence





has been received and acknowledged.

- Any Team Member who has been in close contact (entire team) with an infected Team Member will also be removed from all Activity for at least 10 days (Quarantined) to ensure the infection does not spread further.
- If a Team Member tests positive, a decision will be made by the GHLPBA Board and communicated by the VP of Operations on whether the entire team will be removed from all activity based on contact tracing and/or as directed by Public Health Officials.

**If a Team Member has been tested and is waiting for the results of a COVID-19 Test**

- As with any confirmed case, the Team Member will be unable to participate in any Activity until test results are received and a negative result is confirmed.
- The Team Member/Guardian must notify the club as soon as possible. Contact should be made to either the President or VP of Operations at GHLPBA. If written correspondence is used the Team Member/Parent must ensure that the correspondence has been received and acknowledged.
- If the Team Member who is waiting the results of a COVID-19 test has been engaged in any activity within 48 hours of developing symptoms, all close contacts (entire team) will be removed from activity for at least 10 days or until the diagnosis of COVID-19 is ruled out by health authorities.
- If the Team member who is waiting the results of a COVID-19 test has not been engaged in any activity within 48 hours of developing systems, the team will be able to continue with planned team activity.

**If a Team Member has come in to contact with someone who is confirmed to have COVID-19**

- Team Member will be unable to participate in any Activity for at least 10 days to ensure the infection does not spread further
- Team Members must inform the Club as soon as possible upon belief or confirmation they have been exposed to COVID-19. Contact should be made to either the President or VP of Operations at GHLPBA. If written correspondence is used the Team Member/Parent must ensure that the correspondence has been received and acknowledged.

**If someone in the Team Member's household is showing symptoms of COVID-19**

- Team member should not attend any activity until the symptoms clear completely, or a negative test has been received

**If a Team Member or an immediate household member of a Team Member has travelled outside of Canada or the province within the last 14 days**

- Any Team Member who has travelled outside of Canada or the province within the last 14 days is not allowed to participate in any activity for the duration of their quarantine period.
- Any Team Member who has been instructed by public health authorities to self-isolate is not allowed to participate in any activity
- Any Team members has an immediate household member who has travelled outside of Canada or the province within the last 14 days, the team member is not allowed to participate in any activity.

**REFERENCES**

**Province of British Columbia**

- B.C.'s Restart Plan
- BC COVID-19 Go-Forward Management Strategy



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- B.C. Go Forward Strategy Checklist
- PHO Orders

## Health Resources

- COVID-19 (B.C.) Provincial Support:  
<https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support>
- BC COVID-19 Self-Assessment Tool: <https://bc.thrive.health/covid19/en>
- Health Canada Handwashing Guidelines:  
<https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases-maladies/reduce-spread-covid-19-wash-your-hands/eng-handwashing.pdf>

## Sport and Recreation Resources

- BC Minor: <https://www.bcminorbaseball.org/page/show/5788253-bcmba-covid-19-resources>
- Baseball BC:
  - <https://www.baseball.bc.ca/return-to-play>
  - <https://www.baseball.bc.ca/uploads/files/news/Baseball%20BC%20RTP%20Guidelines%20-%20FINAL.pdf>
  - <https://www.baseball.bc.ca/uploads/files/news/ReturntoSportGuidelines.pdf>



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## **Appendix E: Outbreak Plan 2021**

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak.

An “outbreak” is two or more cases; a “case” is a single case of COVID-19.

- 1.) Manager, Coach, or Parent/Guardian is to immediately inform the GHLPBA Board VP Operations in the event a suspected/confirmed case or outbreak is reported.
- 2.) The GHLPBA VP Operations will convene the Board of Directors to modify, restrict, postpone or cancel activities.
- 3.) If coaches, players or volunteers report they are suspected or confirmed to have COVID-19 and have been at the field or facility, implement enhanced cleaning measures to reduce risk of transmission. If GHLPBA is not the facility operator, notify the facility right away.
- 4.) Implement illness policy and advise individuals to:
  - a. Self-isolate;
  - b. Monitor their symptoms daily, report respiratory illness and not to return to activity for at least 14 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite;
  - c. Use the COVID-19 self-assessment tool at BC COVID-19 Self-Assessment Tool website to help determine if further assessment or testing for COVID-19 is needed. Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency.
- 5.) In the event of a suspected case or outbreak of influenza-like-illness, immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at your local health authority. Implement Illness Policy.
- 6.) If your organization is contacted by a medical health officer in the course of contact tracing, cooperate with local health authorities.

For more information and resources on cleaning and disinfecting:

<https://www.bcminorbaseball.org/page/show/5788253-bcmba-covid-19-resources>



## **Appendix F: First Aid Plan**

In the event that first aid is required to be administered during an activity, all persons attending to the injured individual must first put on a mask and gloves.

Guidelines for First Aid Attendants can be found on the BC Minor Baseball COVID-19 Resources page.  
<https://www.bcminorbaseball.org/page/show/5788253-bcmba-covid-19-resources>

### **General First Aid Protocols**

- Universal approach – assume all victims are COVID-19 positive.
- For all issues, minimize the number of first aid attendants who have contact with the victim.
- At each focal point, provide a dry container including hand sanitizer and PPE for team safety, coach, victim, and parent/guardian.
- Post rescue (resuscitation or first aid with bodily fluids): hand hygiene, shower, change clothes, bag clothes to be washed, disinfect first aid equipment.
- When possible, ask parents/guardians to provide first aid to children or minors.
- Provide the parent/guardian with PPE appropriate for the injury.
- Provide guidance to the parent or caregiver performing first aid.

### **Scene Assessment**

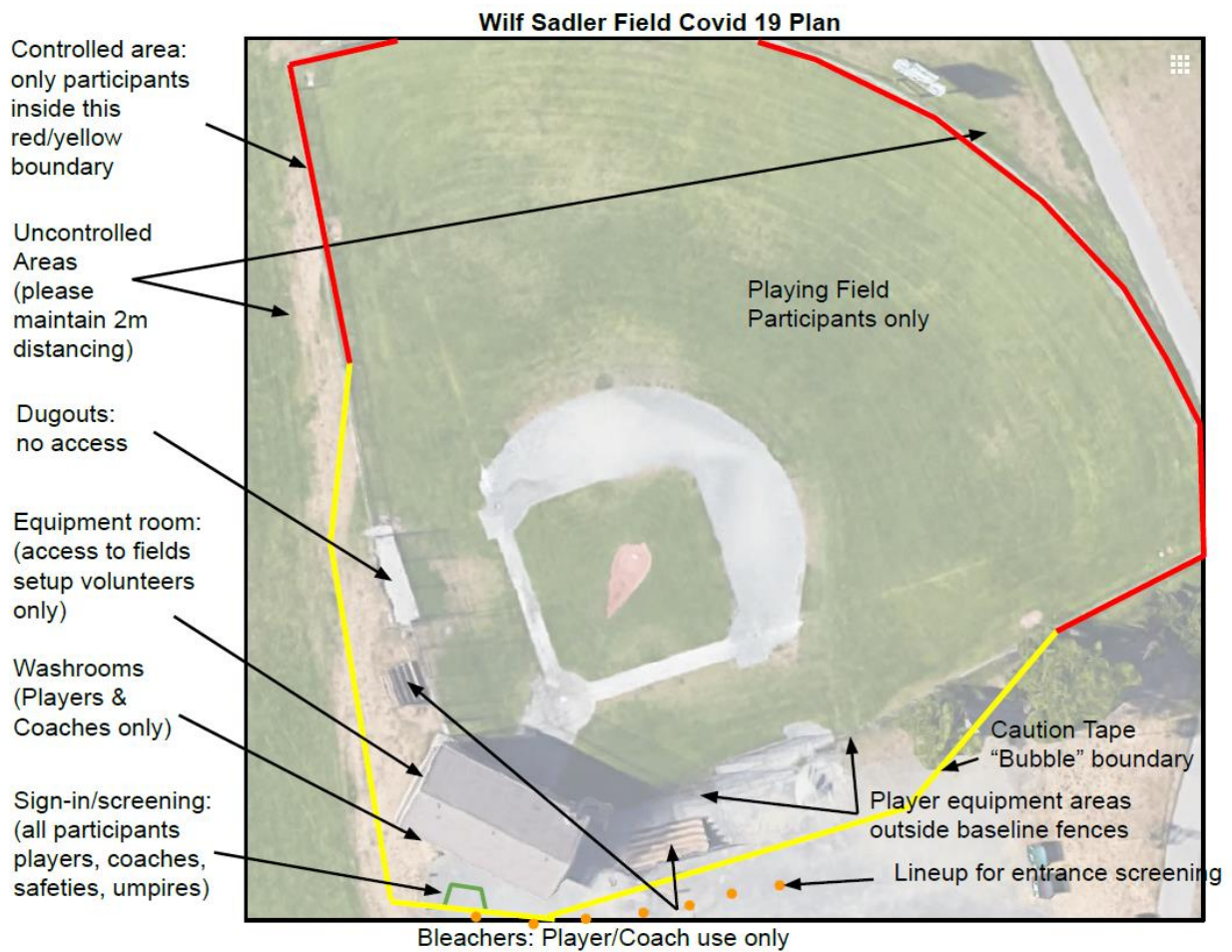
- 1.) Ensure scene is safe
- 2.) Assume universal approach – all victims are COVID-19 positive.
- 3.) Minimize the number of rescuers in contact with the victim. Only one Team Safety and one coach are permitted to approach the injured player. (if more than one player is injured at the same time another coach will approach that player).
- 4.) Physical distancing at all times.
- 5.) Don appropriate PPE(self, victim, bystander).
- 6.) One safety and coach must remain with the other players to ensure they remain safely distanced.
- 7.) If the injury requires attention the parent/guardian will take over for the coach only after being invited to do so. Parents/guardians are not permitted to come on to the field unless they are indicated to do so by the coach or Team Safety.
- 8.) If a parent/guardian is not present the safety and coach will remain with the player until the parent or medical attention arrives.

### **Post-Rescue Procedures**

- 1.) Take care to remove and dispose of PPE in a safe manner.
- 2.) Disinfect all surfaces that were in contact with either the victim or rescuer during treatment (chair, pen, clipboard, etc.).
- 3.) Practice hand hygiene and disinfection if required.



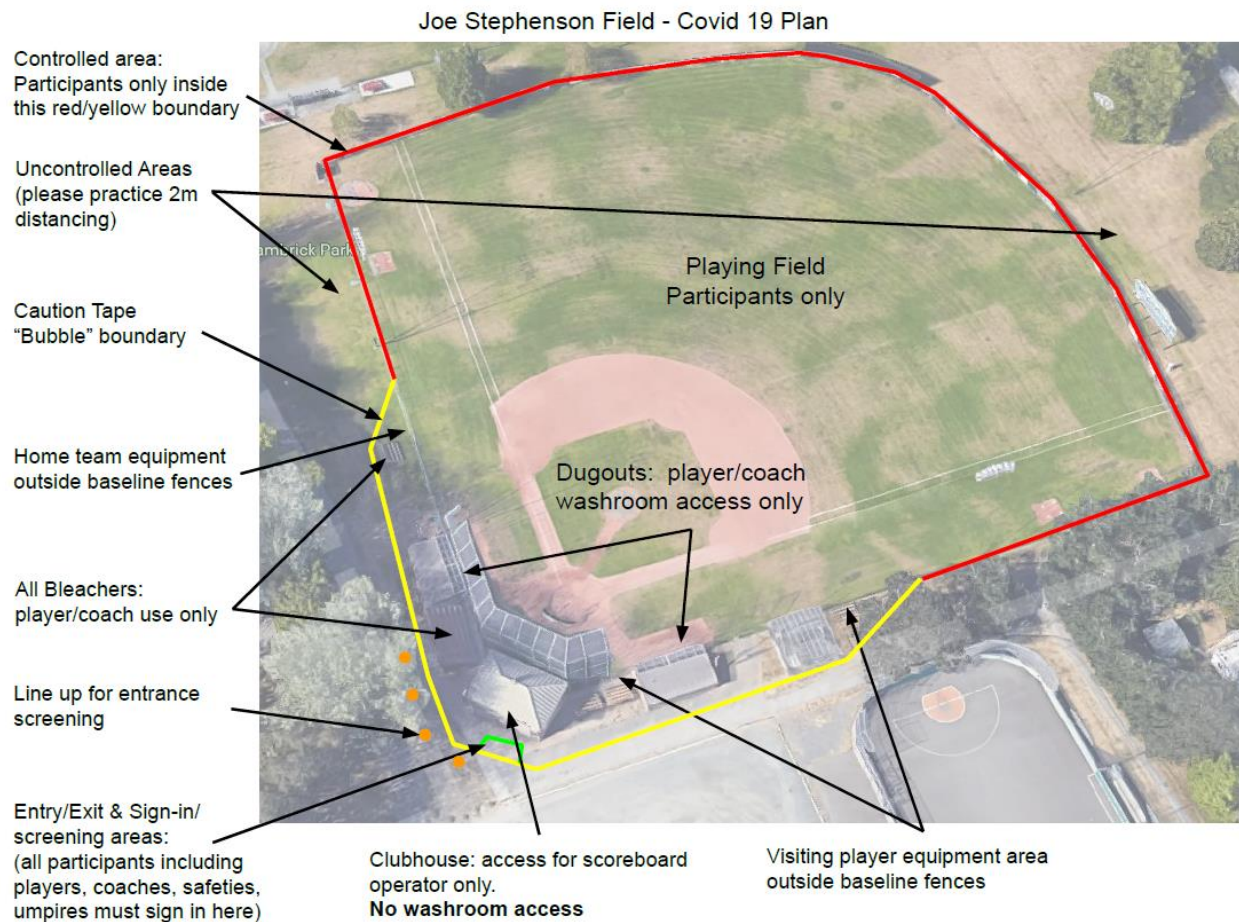
**Appendix G – Wilf Sadler Field COVID-19 Plan**





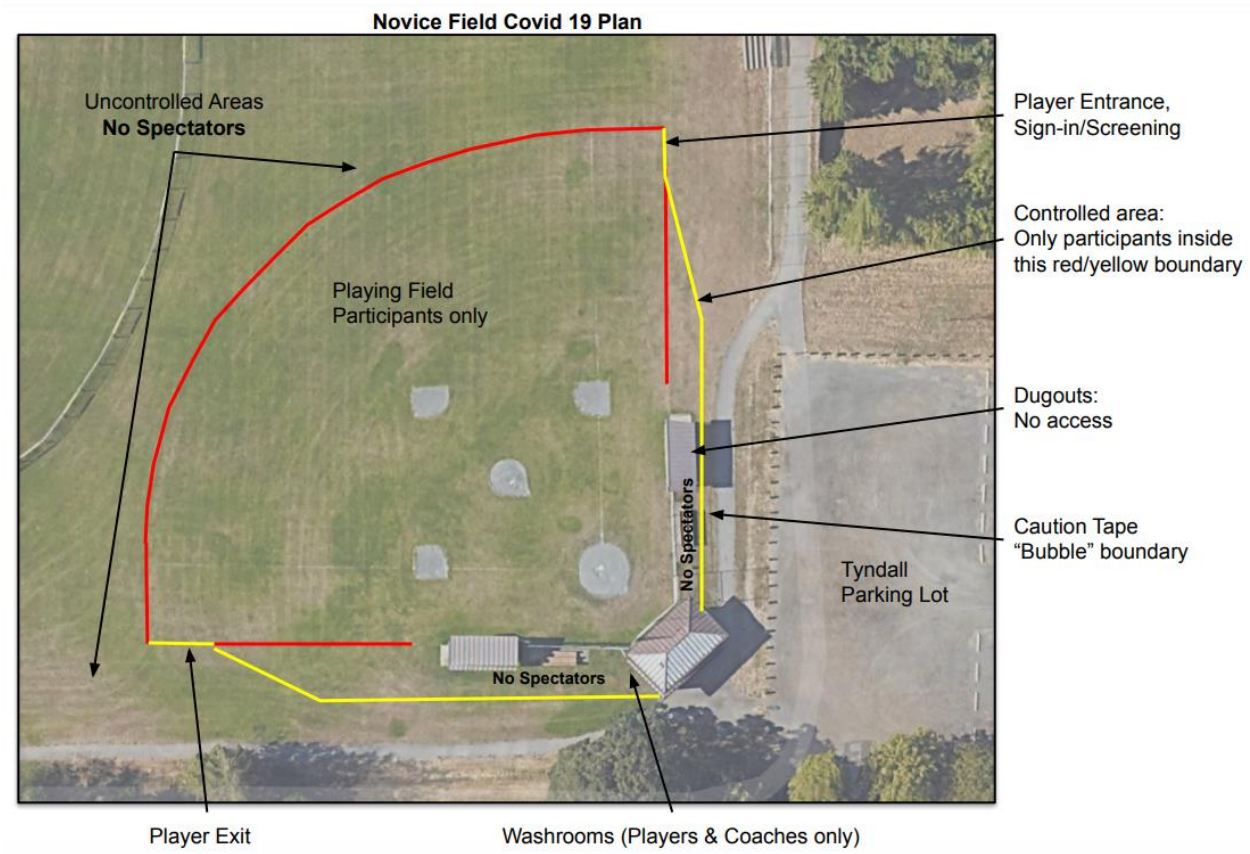


**Appendix H – Joe Stephenson Field COVID-19 Plan**





**Appendix I – Novice (Upper) Field COVID-19 Plan**







**Appendix J – Upper Field COVID-19 Plan**

