



Winter Clinic Series | Guardian Orientation

January 2022

Gordon Head at Lambrick Park Baseball Association (GHPBA) is bringing players indoors for our Winter Clinic Series. With COVID-19 still present in our daily lives, we need everyone's help to make sure we have a safe environment for our players and coaches to play ball.

To familiarize yourself with all GHPBA safety measures in place for our Winter Clinic Series, please review our full COVID-19 Safety Plan document located on our website (see COVID-19 Safety Plan – Winter Clinic Series)

Here are a few reminders for everyone. We ask parents/guardians to remind all players of these rules.

- ❖ **Health Check and attendance tracking** must be completed before arriving at Oak Bay Rec Centre (via PowerUp)
- ❖ **Masks** are required indoors at Oak Bay Rec Centre for all visitors. For our players/coaches/volunteers masks must be worn when not engaged in physical activity/exercise (i.e., when going to the washroom, entering/leaving the indoor field). We recognize some may choose to continue wearing their masks while inside the indoor sports field, and that's fine too.
- ❖ Participants are reminded, **NO GUM or SPITTING**. No sharing water bottles
- ❖ **All guardians should be familiar with our GHPBA Illness Policy**. Further information on our illness policy is available on our website.
- ❖ Participants are not permitted to share equipment (exception is baseballs).
- ❖ Participants will be asked to sanitize hands prior to entering indoor sports field, and when departing.
- ❖ **If you or any member of your immediate family is feeling unwell, please stay home!**

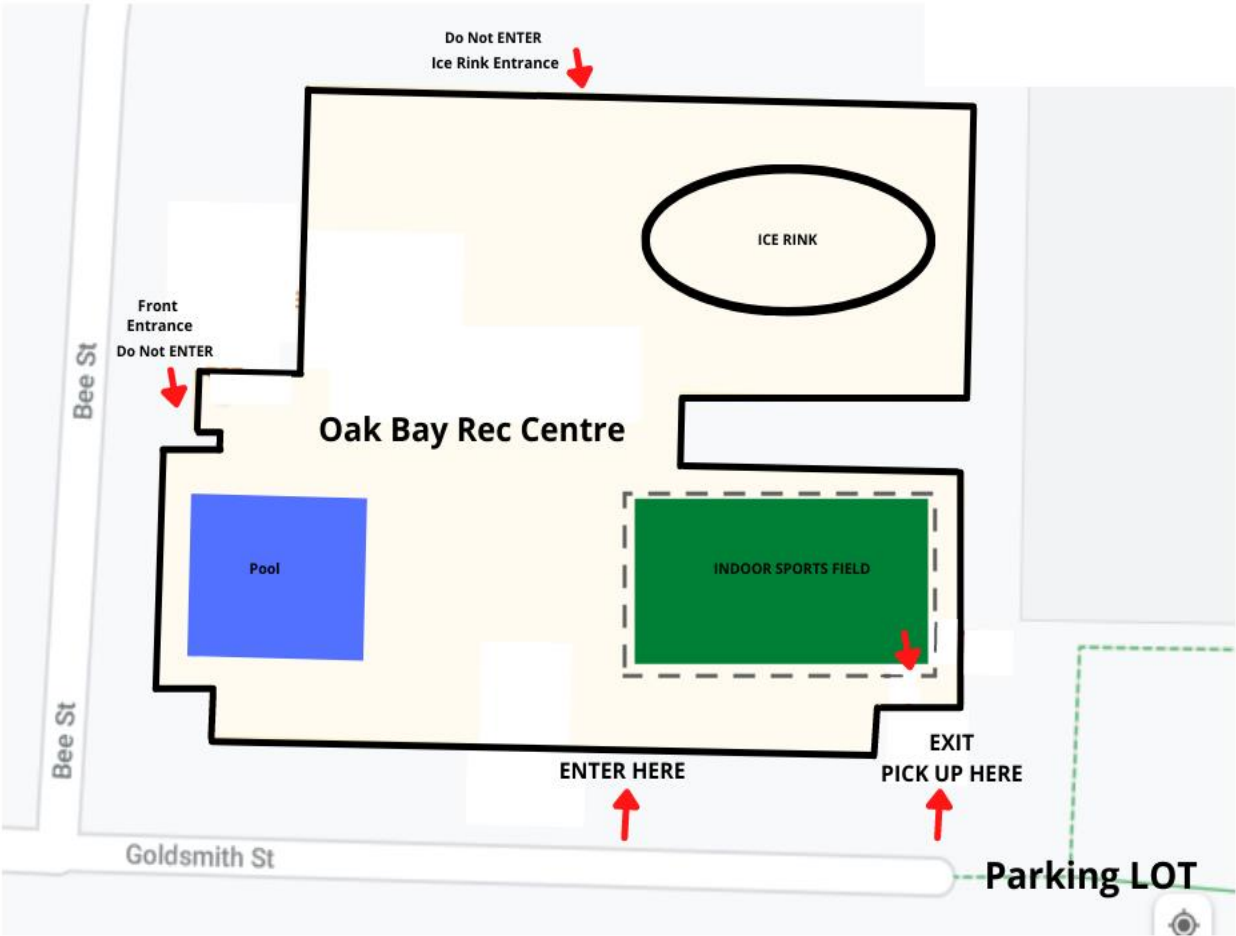
General Clinic Information:

- ❖ Full schedule details can be found in PowerUp Connect. Download the app if you haven't done so already.
- ❖ **Health Check and attendance tracking** must be completed before arriving at Oak Bay Rec Centre (via PowerUp)
- ❖ **DROP OFF:** When arriving at Oak Bay Rec Centre, all participants **must** enter through the side entrance (Goldsmith Street Side) ONLY. **DO NOT ENTER** through the front or main door of the Rec Centre or the Ice Rink side entrance. Please see maps below of further directions.
- ❖ Players must arrive no earlier than 10 minutes prior to the scheduled start time
- ❖ Spectators are **NOT** permitted to watch from the indoor hallway adjacent to the Indoor Sports Field.
- ❖ Spectators are **ONLY** permitted to watch from the Upstairs Lounge at Oak Bay Rec Centre where Proof of Vaccination Status is a requirement for everyone 12 years and older.
- ❖ **PICK UP:** At the end of each session, participants will EXIT the building from the rear door of the Indoor Sports Field. Parents/guardians should plan accordingly to pick up your child up from that location ONLY. Please see maps below for further directions.
- ❖ Equipment: Please bring your glove, batting helmet and baseball bat (if you have one). Please wear clean running shoes, **NO CLEATS**.

GHPBA will continue to monitor the information and guidelines from Provincial and Island Health Authorities and will update safety plans as required. We are committed to provide a safe environment for our players and coaches. Thank you for your help to make this happen.

We hope everyone has a fantastic Winter Clinic Series.

Oak Bay Rec Centre Maps





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